



LIVING FAITH

Our Lady Help of Christians Roman Catholic Parish Church offers a welcoming and supportive environment for individuals seeking to deepen their understanding of and relationship with God.

Our church is open to those who have never been baptised, as well as to those who have been baptised in another Christian tradition but wish to become Catholic. Through a series of gatherings, discussions, and faith-sharing, you are encouraged to explore the teachings, traditions, and the rich spiritual heritage of the Catholic Church.

LEARN

During the Rite of Catholic Initiation of Adults (RCIA), we journey together to engage in a process of systematic catechesis, where they learn about the beliefs, sacraments, liturgical practices, and moral teachings of the Catholic Church. Catechists and experienced members of the faith community serve as guides, offering instruction, answering questions, and facilitating group discussions to foster a deeper understanding of the Catholic faith.

INVOLVE

We provide numerous opportunities for you to experience the rich liturgical life of the Catholic Church. You are invited to participate in Masses, liturgical celebrations, and various prayer services, immersing yourself in the beauty and reverence of the Catholic worship. Through active involvement, you may develop a sense of belonging and communion within the larger Catholic community.

VALUE

We are all encouraged to reflect on our personal experiences, our values and behaviours and examine our beliefs, and discern God's calling in our lives. Your journey includes periods of prayer, reflection, and spiritual direction, enabling you to discern if you are ready to embrace the Catholic faith fully.

ENTER

The sacraments of initiation: Baptism (if not previously baptised), Confirmation, and Holy Eucharist. These sacraments mark your full incorporation into the Catholic Church, strengthening your relationship with God. The sacraments are celebrated joyously during the Easter Vigil.

Living Faith is an invitation to encounter God's love, deepen your understanding of Catholic teachings, and enter into communion with the Catholic Church. It is a sacred process that nurtures spiritual growth, fosters community, and celebrates the beauty of Catholic traditions. Whether you are new to the faith or seeking to fully embrace Catholicism, we warmly welcome you to embark on this remarkable journey of discovery. Email us: OLHC-adultformations@outlook.com to find out more.